

Beyond Power Yoga: 8 Levels Of Practice For Body And Soul By Beryl Bender Birch

By Beryl Bender Birch

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Beryl Bender Birch (Author of Power Yoga) - -

Beryl Bender Birch is the author of Power Yoga (3.88 avg rating, 204 ratings, 13 reviews, published 1995), Beyond Power Yoga (4.00 avg rating,

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